

Sliding Scale: Net **Monthly** Income Chart

Please use the following chart in conjunction with our [Sliding Scale Worksheet](#). Feel free to contact me if you have any questions or need help with the worksheet.

| Net Monthly Income | \$0.00- \$1500 | \$1501- \$2000 | \$2001- \$2500 | \$2501- \$3000 | \$3001- \$3500 | \$3501 and above |
|---|-------------------|-------------------|-------------------|-------------------|-------------------|------------------------|
| Percent of Total Fee per Service | 75% | 80% | 85% | 90% | 95% | 100% |
| Consultation visit | Free | Free | Free | Free | Free | Free |
| Initial visit | \$37.50 | \$40.00 | \$42.50 | \$45.00 | \$47.50 | \$50.00 |
| Individualized Prenatal Care | \$37.50 | \$40.00 | \$42.50 | \$45.00 | \$47.50 | \$50.00 |
| Herbal and Nutritional Consultation | \$37.50 | \$40.00 | \$42.50 | \$45.00 | \$47.50 | \$50.00 |
| 24/7 On Call availability from 37 weeks until 1 week postpartum | \$37.50 | \$40.00 | \$42.50 | \$45.00 | \$47.50 | \$50.00 |
| Labor and Delivery | \$225.00 | \$240.00 | \$255.00 | \$270.00 | \$285.00 | \$300.00 |
| Breastfeeding Support, Education and Counseling | \$37.50 | \$40.00 | \$42.50 | \$45.00 | \$47.50 | \$50.00 |
| Individualized Postpartum Care until 1 week postpartum | \$37.50 | \$40.00 | \$42.50 | \$45.00 | \$47.50 | \$50.00 |
| Lending library | Free | Free | Free | Free | Free | Free |
| Handouts | Free | Free | Free | Free | Free | Free |
| Doula Care Package (Includes No Extra Services) | \$450.00 | \$480.00 | \$510.00 | \$540.00 | \$570.00 | \$600.00 |

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Extra Services

| Net Monthly Income | \$0.00- \$1500 | \$1501- \$2000 | \$2001- \$2500 | \$2501- \$3000 | \$3001- \$3500 | \$3501 and above |
|---|---|--|--|--|--|--|
| Percent of Total Fee per Service | 75% | 80% | 85% | 90% | 95% | 100% |
| Natural Childbirth Education (6 week Course) | \$187.50 | \$200.00 | \$212.50 | \$225.00 | \$237.50 | \$250.00 |
| Natural Childbirth "Biblical based" Education with work book (10 week course) | \$243.75 | \$260.00 | \$276.25 | \$292.50 | \$308.75 | \$325.00 |
| Preconception or Fertility Counseling and Education | \$37.50 per hour | \$40.00 per hour | \$42.50 per hour | \$45.00 per hour | \$47.50 per hour | \$50.00 per hour |
| Grief, Childhood Sexual Abuse or Domestic Abuse Counseling | \$37.50 per hour | \$40.00 per hour | \$42.50 per hour | \$45.00 per hour | \$47.50 per hour | \$50.00 per hour |
| Postpartum Depression Therapy | \$37.50 per hour | \$40.00 per hour | \$42.50 per hour | \$45.00 per hour | \$47.50 per hour | \$50.00 per hour |
| Placental Encapsulation Placenta Tree of Life Stamp w/Frame Umbilical Cord Art | \$112.50 \$37.50 \$15.00 | \$120.00 \$40.00 \$16.00 | \$127.50 \$42.50 \$17.00 | \$135.00 \$45.00 \$18.00 | \$142.50 \$47.50 \$19.00 | \$150.00 \$50.00 \$20.00 |
| Prenatal, Postpartum, Non Pregnancy or baby Massage (all massages include Reflexology Treatment and Therapeutic touch) (\$75.00/ph for Raindrop Therapy (\$110.00/ph for Hot & Cold stone) | \$45.00 per hour \$75.00/ph \$110.00/ph | \$48.00 per hour \$75.00/ph \$110.00/ph | \$51.00 per hour \$75.00/ph \$110.00/ph | \$54.00 per hour \$75.00/ph \$110.00/ph | \$57.00 per hour \$75.00/ph \$110.00/ph | \$60.00 per hour \$75.00/ph \$110.00/ph |
| Parenting Education or Parenting Counseling | \$37.50 per hour | \$40.00 per hour | \$42.50 per hour | \$45.00 per hour | \$47.50 per hour | \$50.00 per hour |
| Baby Massage Education (Comes with a fully illustrated step by step book) | \$93.75 | \$100.00 | \$106.25 | \$112.50 | \$118.75 | \$125.00 |
| Maternity, Birth, Newborn or Family Photography | \$112.50 | \$120.00 | \$127.50 | \$135.00 | \$142.50 | \$150.00 |
| Birth Videography | \$187.50 | \$200.00 | \$221.50 | \$225.00 | \$237.50 | \$250.00 |
| Bereavement Package Photography, Birth Announcement and 1 Grief Counseling Session | Free | Free | Free | Free | Free | Free |
| Extra Postpartum Doula Services (2 nd - 6 th week postpartum) or Nanny & Maid Services (After the 6th wk postpartum) | \$37.50 per hour | \$40.00 per hour | \$42.50 per hour | \$45.00 per hour | \$47.50 per hour | \$50.00 per hour |

Download a copy of the Meager Beginnings [Sliding Scale Worksheet \(43.63K PDF\)](#)
You will need [Adobe Acrobat Reader](#) to view and print these documents.

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