

Sliding Scale: Net **Monthly** Income Chart

Please use the following chart in conjunction with our [Sliding Scale Worksheet](#). Feel free to contact me if you have any questions or need help with the worksheet.

Net Monthly Income	\$0.00- \$1500	\$1501- \$2000	\$2001- \$2500	\$2501- \$3000	\$3001- \$3500	\$3501 and above
Percent of Total Fee per Service	75%	80%	85%	90%	95%	100%
Consultation visit	Free	Free	Free	Free	Free	Free
Initial visit	\$37.50	\$40.00	\$42.50	\$45.00	\$47.50	\$50.00
Individualized Prenatal Care	\$37.50	\$40.00	\$42.50	\$45.00	\$47.50	\$50.00
Herbal and Nutritional Consultation	\$37.50	\$40.00	\$42.50	\$45.00	\$47.50	\$50.00
24/7 On Call availability from 37 weeks until 1 week postpartum	\$37.50	\$40.00	\$42.50	\$45.00	\$47.50	\$50.00
Labor and Delivery	\$225.00	\$240.00	\$255.00	\$270.00	\$285.00	\$300.00
Breastfeeding Support, Education and Counseling	\$37.50	\$40.00	\$42.50	\$45.00	\$47.50	\$50.00
Individualized Postpartum Care until 1 week postpartum	\$37.50	\$40.00	\$42.50	\$45.00	\$47.50	\$50.00
Lending library	Free	Free	Free	Free	Free	Free
Handouts	Free	Free	Free	Free	Free	Free
Doula Care Package (Includes No Extra Services)	\$450.00	\$480.00	\$510.00	\$540.00	\$570.00	\$600.00

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Extra Services

Net Monthly Income	\$0.00- \$1500	\$1501- \$2000	\$2001- \$2500	\$2501- \$3000	\$3001- \$3500	\$3501 and above
Percent of Total Fee per Service	75%	80%	85%	90%	95%	100%
Natural Childbirth Education (6 week Course) or Natural Childbirth "Biblical based" Education with work book (10 week course)	\$187.50 \$225.00	\$200.00 \$240.00	\$212.50 \$255.00	\$225.00 \$270.00	\$237.50 \$285.00	\$250.00 \$300.00
Preconception or Fertility Counseling and Education	\$37.50 per hour	\$40.00 per hour	\$42.50 per hour	\$45.00 per hour	\$47.50 per hour	\$50.00 per hour
Grief, Childhood Sexual Abuse or Domestic Abuse Counseling	\$37.50 per hour	\$40.00 per hour	\$42.50 per hour	\$45.00 per hour	\$47.50 per hour	\$50.00 per hour
Postpartum Depression Therapy	\$37.50 per hour	\$40.00 per hour	\$42.50 per hour	\$45.00 per hour	\$47.50 per hour	\$50.00 per hour
Placental Encapsulation and/or Keepsakes: Placenta Tree of Life Stamp w/Frame Umbilical Cord Art	\$112.50 \$37.50 \$15.00	\$120.00 \$40.00 \$16.00	\$127.50 \$42.50 \$17.00	\$135.00 \$45.00 \$18.00	\$142.50 \$47.50 \$19.00	\$150.00 \$50.00 \$20.00
Prenatal, Postpartum, Non Pregnancy Swedish Massage, Baby Massage and Reflexology Treatment ((\$75.00 for Raindrop Therapy & \$110.00 for Hot & Cold stone)	\$45.00 per hour	\$48.00 per hour	\$51.00 per hour	\$54.00 per hour	\$57.00 per hour	\$60.00 per hour
Parenting Education or Parenting Counseling	\$37.50 per hour	\$40.00 per hour	\$42.50 per hour	\$45.00 per hour	\$47.50 per hour	\$50.00 per hour
Baby Massage Education (Comes with a fully illustrated step by step book)	\$93.75	\$100.00	\$106.25	\$112.50	\$118.75	\$125.00
Maternity, Birth, Newborn or Family Photography	\$112.50	\$120.00	\$127.50	\$135.00	\$142.50	\$150.00
Birth Videography	\$225.00	\$240.00	\$255.00	\$270.00	\$285.00	\$300.00
Bereavement Package Photography, Birth/Death Announcement and 1 Grief Counseling Session (up to 1 year)	Free	Free	Free	Free	Free	Free
Extra Postpartum Doula Services (2 nd - 6 th week postpartum) or Nanny & Maid Services (After the 6th wk postpartum)	\$37.50 per hour	\$40.00 per hour	\$42.50 per hour	\$45.00 per hour	\$47.50 per hour	\$50.00 per hour
Natural Childbirth Education (6 week Course) or Natural Childbirth "Biblical based" Education with work book (10 week course)	\$187.50 \$225.00	\$200.00 \$240.00	\$212.50 \$255.00	\$225.00 \$270.00	\$237.50 \$285.00	\$250.00 \$300.00

Download a copy of the Meager Beginnings [Sliding Scale Worksheet \(43.63K PDF\)](#)
You will need [Adobe Acrobat Reader](#) to view and print these documents.

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